North Animas Village Members

Please contact your Health Insurance Company to find out what they may provide you in regard to Health Care Aides and companies specializing in this area available in Durango. In addition, share with your Internist or Primary Physician and clarify what they may suggest for home health care and then they will write prescriptions for such. Your Doctor may also recommend an individual or agency to assist in your recovery at home. As a patient however, you will also have a full list of all providers within Durango area at this time. Your Physician will also make the referral for you if you agree. Listed are services that many agencies provide in terms of health care aides.

> Companionship Counseling and Support Errands House Cleaning In-Home Assistance Live-In Care Meal Preparation Medication Management Mobility Assistance Personal Care Physical Therapy Pre- and Post-Op Surgery Care Safety Skilled Nursing Transportation

Axis Health Care Systems Senior Reach 1970 E. 3rd Avenue - Unit #1 Durango, CO 81301 (970) 335-2217 Fax: (970) 335-2280 www.seniorreach.org	This program for La Plata County residents offers support for the well-being, independence and dignity of older adults, including short-term counseling, connection and referral to resources, depression screening and short-term treatment, and support and education for family members regarding Alzheimer's/dementia.
Comfort Keepers In Home Care 691 County Road 233, Unit A-2 Durango, CO 81301 (970) 344-9717 or (970) 515-7055 Fax: (970) 515-7060 Contact: Erin Youngblood, MSW erinyoungblood@comfortkeepers.com www.comfortkeepers.com/DurangoCO	Comfort Keepers offers a broad range of services for seniors, from personal care to in- home companionship. From helping with meals and mobility to personal care and errands, our in-home care lends a helping hand.

Guardian Angel Home Health

555 S. Camino del Rio, Suite C28 Durango, CO 81303 (970) 385-8414 Fax: (970) 259-3920 www.guardianangelhomehealth.org Professional Care, Skilled Nursing, Homemaking and Personal Care, and More.

La Plata County Senior Services

2424 Main Avenue Durango, CO 81301 (970) 247-9136 Fax: (970) 247-9757 Contact: Nancy Heirtzler Nancy.Heirtzler@co.laplata.co.us www.co.laplata.co.us/government/ human_services/senior_services La Plata County Senior Services is dedicated to enhancing the quality of life for all adults age 60 years or older and helping them age with dignity and purpose. Through information, advocacy and service, we are committed to building a healthier community for all senior residents.

Life Care

44 North Chestnut St., Suite D Cortez, CO 81321 (970) 516-1234 Ext. 2 Fax: (970) 516-1468 Contact: Trish Martin, Durango Area Supervisor lifecare@ftitel.net lifecare-inc.com Life Care Management Agency provides support services for physical, mental, emotional and spiritual well-being for all ages and abilities. Sometimes things happen that challenge independent living for you or your loved ones. Call and let us show you how our experience and commitment can be of service to you.

Lucky Services

3537 Main Avenue Durango, CO 81301 877-246-5825 or (970) 749-0028 Contact: Cindy James contact@goluckyservices.com www.goluckyservices.com Concierge Services, Errand Runners, Event Staffers, Cleaners, Personal Helpers, Business Assistants, and More.

Mercy Home Health and Hospice of Mercy through Centura Health

175 Mercado Suite #131 Durango, CO 81301 (970) 764-1700 Fax: (970) 382-2069 www.centura.org/our-network/health-athome Mercy Hospice House and our skilled staff provides 24-hour hospice services in a residential setting designed to comfort body, mind, and spirit. Patients and their families can rely on the personalized, compassionate care at Mercy Hospice House when patients have symptoms that may be difficult to manage at home, or when families need respite from caring for their loved ones.

Pasco Southwest Home Health

543 East Second Ave., Suite 1E Durango, CO 81301 (970) 247-1211 Fax: (970) 564-8057 www.pascosw.com Certified Health Aide, Skilled Nursing, Physical Therapy, Homemaking & Personal Care.

San Juan Basin Health Care Department Home Care 281 Sawyer Drive, Suite 300 Durango, CO 81303 (970) 247-5702 or (970) 335-2071 Fax: (970) 247-9126 sjbpublichealth.org/sep	Assist clients in getting help with homemaking, personal care, non-medical transportation, home modifications, life alert buttons, medication machines, and respite care.
Shining Star Caregivers 2855 Main Avenue Suite A106 Durango, CO 81301 (970) 946-2932 shiningstarcaregivers@gmail.com www.shiningstarcaregivers.com	Professional, In-Home, Non-Medical Senior Care Services.
Sunshine Gardens Stay at Home Care 25 Sunshine Court Durango, CO 81301 (970) 385-4090 Contact: Hannah Mueller info@sgwseniors.com www.sunshinegardensseniors.com	Our new Sunshine Stay At Home Care program brings Sunshine Gardens' unique touch in personal care assistance and other services to seniors in their own homes in the Durango area. We offer a wide menu of services, personal care assistance, and supplemental support options — all delivered with the loving warmth and expertise of Sunshine Gardens.
Visiting Angels of SW Colorado 125 E. 32 nd Avenue Durango, CO 81301 (970) 264-5991 or (970) 247-2292 Contact: Jeanne Hicks durangoccm@visitingangels.com www.visitingangels.com/southwestcolorado	We offer in home living assistance to aging and disabled clients who need a helping hand in order to live independently. Our goal is to help your family member stay right where they want to be, in the comfort of home.

Molly Smith Personal Caregiver & Home Health 158 Cypress Court Durango, CO 81301 (970) 749-6130 mollys0917@gmail.com	Respite care giver offering aide in the home environment providing support both physically and emotionally for elder care. Errands, appointments, therapy, home health care needs, end of life care, medication management, meal preparations, light house cleaning and companionship addressing elder isolation.
Regina Slater Personal Caregiver 127 Oak Drive Durango, CO 81301 (970) 317-8395 rbuckieslater@gmail.com	Private In-Home Caregiver, Medication Management, Personal Care and Assistance, Light House Cleaning, Pet Care and More.
Gemma Mongelli Personal Caregiver 146 Ventana Pass Durango, CO 81301 (970) 946-9356 gemmamkavanagh@gmail.com	Activities to include personal care and hygiene, meal prep and household chores, medication management transportation to MD appointments and personal activities. Certified Nurse Assistant-Licensed and Insured. Call for further info and cost.